

Holistic Anatomy and Physiology of Community and City Planning...

.... wherein the all-encompassing integration of the consciousness (**mind**), pulse (**heart**), embodiment (**body**) and essence (**soul**) of the city are perfectly aligned and interwoven as livable, thriving, healthy communities; offering **BEAUTY** and **QUALITY OF LIFE** for those who inhabit the space ...

The quintessential livelihood (**soul**) of great communities and cities lies in their vital signs; the core (**heart**) of the infrastructure (**body**) provides urbanization, sustainability and livability. All of these are interconnected by the multimodal and intermodal transportation system (**veins and arteries**) - its roadways, railways, waterways, bridges, transit, bicycle and pedestrian systems. Its nodes and anchors (**skeleton and muscles**), provide orientation through the communities, while its stormwater and wastewater treatment systems (**liver and kidney**) provide nourishment and cleansing.

The heart pumps traffic (**blood cells**) through the transportation system (**veins and arteries**) and provides movement and flow (**oxygen and qi**) for urbanization and livable communities, creating an intelligent (**mind**) system that shapes and designs for a sustainable future - a future that is socially, environmentally, and economically clean, smart and equitable.

All disciplines of city planning work in harmonic convergence: urban design, land use and transportation planning, environmental planning, landscape architecture, traffic engineering and civil engineering. Only by the nourishment of compassion and love (**conscious and subconscious planning, engineering, design, and construction**) can the ecosystem thrive to its upmost potential; blossoming as a holistic, healthy, safe, livable community - therein lies the **wholesome being** --- Complete Streets, Smart Cities and Clean Cities!

...One Place at a Time



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